



MY PERSONAL STYLE PROFILE

ANN VODICKA, AICI CIC
www.imageconfidence.com.au



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My colour direction undertone (Day 2):

☐

Warm

☐

Cool

☐

Unsure

My Style Inspiration Words (Day 3):

Photo of your outfit that represents your Style Inspiration Words (Day 4):



My body shape/horizontal proportion (Day 5):

☐

V

☐

X

☐

8

☐

O

☐

I

☐

A

☐

O

☐

H

Combination of _____

☐☐

Unsure

Tips to flatter my shape

My Happy Colours (Day 6)

My 3 Style Signature (e.g. classic, relaxed etc) (Day 7)



What elements of each of the styles I want in my outfits

My vertical proportions are (Day 8)

- ☐ shorter torso and longer legs
- ☐ longer torso and shorter legs
- ☐ balanced (i.e. neither upper nor lower significantly different)
- ☐ unsure

My Best Neutrals (Day 9)

Hair Colour Neutral _____

Eye Colour Neutral _____

Additional Neutral _____

The One Makeup Product that makes the biggest difference (Day 10)



My best features to showcase (Day 11)

My best eye enhancing colour is (Day 12)

Shopping Mistakes I don't want to make again (Day 13)

My Favourite Patterns (Day 14)

My favourite colour schemes to wear (Days 15 and 17)



My Favourite Textures (Day 19)

My Favourite Column of Colour (Day 20)

☐ inner column

☐ outer column

My Favourite Accessories are (Day 20)

☐ bracelets/bangles – single/multiples

☐ rings – fine/statement

☐ earrings – delicate/statement

☐ necklace – short/medium/long delicate/medium/statement

☐ Brooch single/multiples

☐ scarves rectangle/square fine/chunky cotton/wool/silk

☐ hats

☐ Belts wide/medium/narrow



Notes



Need Some Help? Let's Explore Your Style in More Depth!

Were you unsure of answers to any of the activities? Have any questions about what you've discovered doing this program or feel you need more expert advice?

I'm here to help you!

Book your *free* **Style Discovery** session now to find your next best steps to continue improving your style.

Valued at \$197

email: ann@imageconfidence.com.au
www.imageconfidence.com.au